

Gift Brochure

Bespoke course of Hypnotherapy for the value of

£150

Hypnotherapy is constructed with high degree of creativity and artistry that creates an occasion, where a disorderly mind begins to create a necessary new order ... and subtly but profoundly can harvest a sense of well-being within and transform the entire quality of life.

You have been gifted with the privilege of being able to immerse into your imagination and to experience it as it is your reality - your mind does not differentiate between what is real and what is imagined !

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↳ *What if, there is a real treasury inside ?*

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↳ *What if, within, you discover that you already accumulated a sufficient number of awe-inspiring, calming and fascinating experiences that can restore your spirits and propel your life ahead ?*

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↳ *What if, regular immersion in the travel around your mind could be a critical part of what can sustain and console ?*

*( and ... it happens to offer THE cheapest, most effective and flexible form of entertainment ! 😊 )*

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I invite you ... to trespass and discover depths of YOUR inner continents !

We will put some space between yourself, your ambitions, your thoughts, and your feelings about your life ... with tailored (to your modalities) hypnotic interventions that can enlighten your sense of self... and you may come to cherish some of what is granted to you - a great deal of what you generally see without ever properly noticing; and to understand what you have felt but perhaps, not yet adequately processed yet.

Following our work together you will be resourced with an audio takeaway that will be like a deeply curious companion that will be there (for you!) to travel more ambitiously further into depths of your mind and inner continents !

(whilst replenishing energy in the comfort of your "sofa" 😊)

This gift entitles you to:

- ↳ **30 minutes initial consultation call with leading Hypnotherapist;**
(the first step is to get to know you, your goals – and you get to know the process of Hypnotherapy and how it can begin to propel you to live your life with harmony)
- ↳ **60 minutes bespoke Hypnotherapy session with leading Hypnotherapist tailored to your modalities;**
(We will put some space between yourself, your ambitions, your thoughts, and your feelings about your life ... with tailored (to your modalities) hypnotic intervention that can enlighten your sense of self... and you may come to cherish some of what is granted to you)
- ↳ **An audio takeaway "Guided Hypnotic Audio" resource to enjoy at your own time and pace;**
(that will be there (for you!) to travel more ambitiously further into depths of your mind and inner continents ! ... whilst replenishing energy in the comfort of your "sofa" 😊)
- ↳ **Aftercare: follow up email support – to help you take away the best from your Hypnotherapy experience;**
- ↳ **This Hypnotherapy experience: contains circa 2 hours of bespoke interaction with our leading Hypnotherapist;**
- ↳ **50% fee reduction for an additional Hypnotherapy session if booked at your session;**
- ↳ **This Gift Voucher is valid for 6 months from date of purchase;**
- ↳ **To redeem, please email us at info@healthinthoughttherapies.co.uk quoting your Gift Voucher No:**